

Parish Newsletter of St. Michael's Church in Bristol, RI 02809-0414

*Christ has no body now on earth but yours, no hands but yours, no feet but yours. Yours are the eyes through which Christ's compassion is to look out on this earth, yours are the feet with which he is to go about doing good, and yours are the hands with which he is to bless us now.*  
*Teresa of Avila, 1515-1582*



*The Rev. Paul Twelves*

## From Our Interim Rector

We have a new rector! I'm delighted for you. And for me, too. I can go back to retirement.

I've been with you for nearly five months now. I had somewhat mixed feelings at the beginning. Do I want to commit myself to work, albeit part-time, for several months and maybe more? Part of me said, "Of course." And part of me was reluctant.

Now that we're on the homestretch, I want you to know that I've thoroughly enjoyed being part of your life at St. Michael's. The staff and Interim Priest Associates have been a strong support, making my part-time commitment workable.

I will miss presiding at worship in this beautiful setting where the music is marvelous, and you, the congregation, are attentive and engaged.

Some months ago I wrote a piece in this newsletter observing that when Joy and I visited St. Michael's when we first moved to Bristol we did not feel particularly welcomed and did not perceive much to be going on. I'm delighted to report a remarkable change! (And I don't believe it's just because I'm automatically an insider this time.)

Your new rector, David, is much on my mind. I'm imagining what he will experience.

David and Katherine and children will have to "Learn Rhode Island," a multi-faceted task. Politics. This should be easy... coming from Illinois.

*Interim Rector...Continued on page 2*



*John Reskusich*

## Senior Warden's Corner

Happy New Year! If you are not on our e-mail list, you may have missed the news that, on December 11th, the Vestry called a new rector.

Meet the Luceys!!! Please join me in welcoming the Rev. David Lucey and his family to Saint Michael's Church here in Bristol! David will serve his first Sunday service with us on February 8th.

The Luceys are (from the left rear): Carolyn (aged 17), Colbert (19), Diana (14), David (Himself), Katherine, Virginia Lee (6; goes by Gee) and George (8). Colbert is a sophomore attending Hampden-Sydney College in Virginia, the same college David graduated from in 1979. Carolyn attends Saint Paul's School in Concord, NH. Diana is in 8th grade, George in 3rd and Gee in 1st grade. Katherine who hails from Atlanta works for Solar Light for Africa, a non-profit that promotes and helps to install solar systems on rural homes, schools, and hospitals in Africa. She will be continuing her work with that group while here. In fact, her organization sponsored a solar system installation at the Bromley School in Liberia!



*Senior Warden...Continued on page 2*

Directions. "Take your first left where the Almac supermarket used to be."

Directional signals. Did they forget to install them in RI cars? No. "Oh, yes. I have directional signals. But I don't use them because the person behind me is a cousin, and knows where I'm going to turn."

Speech. Add an "r" here; leave it out theah.

Seriously, start-up, both personally and professionally, is a demanding thing. There's the matter of finding one's way around, literally and figuratively. Figuratively, it's difficult because everybody but David knows the story behind the story, the reason behind the reason. And David's in the dark.

There's the matter of finding out how things work: rectory appliances... lights and locks in the church... DMV location and hours... Vestry dynamics...

Then, there's figuring you out - while you're trying to figure David out.

David is eager to be with you. But, inevitably, there will be times early on when David, and Katherine and children will be nostalgic for Lake Forest, where things were known and predictable.

Do keep them in your prayers in the months ahead.

David grew up in Norfolk, VA, attending Hampden-Sydney College and then proceeded to obtain a Master's Degree in Business Administration (MBA) from Wake Forest University in 1981. For the next 15 years, David worked in the banking and finance industry and, from 1986 to 1996, he was a vice president with the Bank of New York in New York City. During this time in New York, Katherine and David were married in 1987. David discerned the call to the priesthood and ultimately left the business world to attend the General Theological Seminary in 1996-1999. After his ordination in 1999, David served as Associate to the Rector at Saint Matthew's Church in Bedford, NY. In the fall of 2002, David accepted the call to be Rector of The Parish of Saint Mary and Saint Jude in Northeast Harbor, Maine. The Luceys are joining us from The Church of the Holy Spirit in Lake Forest, Illinois, where David has been the Associate Rector for the last three years.

Pastoral care is David's strength and key gift to us. In fact, any type of personal meeting is welcome to him. As he said to the Vestry, his ministry is "one cup of coffee and one sandwich at a time". I think we all will find him to be a man of great faith, a listener, and a teacher. He is here to guide us, side by side, to the places where we want to be together expressing God's love for us and others through Jesus.

We will announce more specific plans and details later about a welcoming for David and his family. Yet, let me pass on that the Vestry has decided to move the Annual Meeting to Sunday, February 8th.

## **“Vestry Meetings Open to Parish”**

Did you know Vestry Meetings are open to the Parish? They are and you should come. See how and what we discuss and do. If you have something you would like to bring to our attention or suggest to the Vestry, you are more than welcome to attend. If you are interested in possibly participating sometime in the future in the governance of St. Michael's, please come and join us.

The Vestry meets once a month usually the 3rd Tuesdays. Here is our scheduled meeting dates for the rest of the year. All meetings are at 7pm in the Tildesley Bldg.

Tuesday, January 20

Tuesday, February 17

Tuesday, March 17

Additionally, the Finance Committee usually meets the Monday evening before the Vestry at 6:30pm in the Ivy Room. You are welcome to join us then as well.

John Reskusich, Senior Warden

# PARISH NEWS



## ST. MICHAEL'S CHURCH 291ST ANNUAL PARISH MEETING FEBRUARY 8, 2009 - PARISH HOUSE FOLLOWING THE 10AM SERVICE

### WHO CAN VOTE AT THE ANNUAL PARISH MEETING

(as gleaned from the Parish By-Laws and the Canons of the Episcopal Church)

All persons who have received the Sacrament of Holy Baptism, whose names have been registered with the Parish for at least six months, who are at least sixteen years of age and who have received Holy Communion at least three times during the preceding year are eligible to vote at the annual Parish Meeting.

### CANDIDATES ARE PROPOSED FOR 2009 ANNUAL MEETING

The Nominating Committee is pleased to present the following candidates to be considered for elected leadership of St. Michael's at its Annual Meeting:



*John Reskusich*

**Senior Warden—John Reskusich:** John is being nominated for his fifth term as Senior Warden. Previously he had served on the vestry as a regular member and as Treasurer, chairman of the Finance Committee, and Junior Warden. He also chaired the Property Committee and co-chaired the Fellowship Committee with his wife, Nancy. John is a 1975 graduate of the U.S. Naval Academy and retired as a commander in 1996. He has worked for over nine years as a training manager, technical support manager and contracts administrator for a test equipment manufacturer in Norwood, MA. He and Nancy married at St. Michael's in 1982.



*Jackie Barrows*

**Junior Warden— Jacqueline Barrows:** Jacqueline has been a member of St. Michael's since 1993. She has served on the vestry, the parish profile committee, and the selection committee. Jacqueline and her husband, Ted, serve

as ushers and greeters. In addition she has volunteered with the Christmas live nativity. Jacqueline also volunteers with NEADs, working to socialize service dogs. You have probably seen her bring her service dogs to Church from time-to-time. Jacqueline, a nurse, is a manager for a consultant firm that works with medical device firms. She oversees the clinical trials that are necessary to satisfy the requirements of the FDA to show safety and efficacy of new medical equipment. Jacqueline and Ted have lived in Bristol since 1991.



*Ann Hamm*

**Treasurer—Ann Hamm:** Ann has been a member of St. Michael's for 8 years but has been attending for close to 15. She started attending because this was where Jan Grinnell was the deacon, and St. Michael's parishioners soon became 'family'. With foyer groups she was able to get to know people outside of Sunday morning worship, and found some good friends. This is the first time she's been able to run for election to the vestry since there is no longer a conflict of interest being the partner of a clergy per-

# PARISH NEWS

son on staff. Besides serving as an acolyte, reader, and singing in the choir, Ann has assisted in the creation of the St. Michael's website and chaired the most recent profile committee. In prior years she also played handbells. Ann is the partner of Jan, mother of Joanne (28) and Susan (26) (Texans through and through), and gets to share the loving of Jodi, Nate, Jaclyn, and Ryder (Jan's children, daughter-in-law, and grandson). For the past 12 years she has worked for Davalen, LLC, a computer consulting firm based in Sudbury, MA, as a Lotus Notes consultant and trainer.



Gail Storms

**Clerk—Gail Storms:** Gail is currently completing her fifth term as Clerk after previously serving on the vestry. She is a lifelong Episcopalian who with her husband Alan moved to Bristol from Pittsburgh in the late 1990's, joining St. Michael's in 1999.

Gail has had three careers as a junior high school math teacher, a realtor, and a tax preparer. She continues to use these skills by volunteering for VITA at the John Hope Settlement House in Providence during the tax season. She assists with the St. Michael's archives project and schedules the greeters for Sunday services.

### Vestry (3 positions for 3-year terms):



Elaine Cohen

**Elaine Cohen--**Currently serving St. Michael's as an Acolyte/Chalice Bearer/Lay Reader & 2008 RI Diocesan Delegate. Prior to moving to Bristol, Elaine was a member of Holy Trinity in Tiverton, where she served on

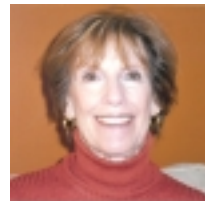
the vestry and was co-leader of the Fire Alarm Fund. Earlier, she attended St. Matthew's in Jamestown, where she was a member of the vestry, the Dining/Special Events committee, and the choir. Along with other vestry members, she participated in a soup kitchen in Providence. Elaine and her husband have been members of St. Michael's for 3 years and usually attend the 8:00 a.m. service. She is currently employed at Blount Boats, Inc., Warren, RI as an Accountant, with cost & budget analysis as her main function. Her MBA degree in accounting from Bryant College/RI augments her skill sets of attention-to-detail and love of working with the public.



Frank Munro

**Frank Munro—**Frank W. Munro III follows his father, wife, and several ancestors to carry on the tradition of Munro's serving on the St. Michael's Church Vestry. Currently serving as the Property Committee chair and member of the Memorial Garden Committee and just finishing his work upon the Search Com-

mittee, he has been an active member of the church community for several years. He has enjoyed participating in 3 Foyer Groups and assisting with outreach and stewardship. Frank is a general contractor who has built numerous residential and commercial properties throughout the East Bay, Aquidneck Island, Boston and Southeastern Massachusetts. A resident of Common Fence Point, Portsmouth, he is married to Brenda Whalen Munro and has one stepson Joshua Brewster Whalen. He enjoys sailing, including 8 Newport to Bermuda races, and loves to travel recently hiking the plateaus of Utah and Arizona.



Joanna Ziegler

**Joanna Ziegler --**A native New Englander, Jo, and her husband Bob, retired to Bristol three years ago after living in the Seattle area for twenty-three years. The warm welcome they received in Bristol and at St. Michael's made them feel they have truly found a new home

here. Jo was educated in Wellesley, Massachusetts at the Dana Hall School and Wellesley College. Her lifelong interest in the arts led to various volunteer and board position at arts organizations, including the Seattle Symphony and the Bainbridge Island Arts and Humanities Council. Jo is now kept busy as a touring docent at the RISD Museum and President-elect of the RISD Docent Council. Prior to their Bristol move, while waiting for their present home to be finished, Jo and Bob lived in West Kingston where Jo served on the vestry of St. John the Divine in Saunderstown. She looks forward to being part of an exciting time of growth at St. Michael's.

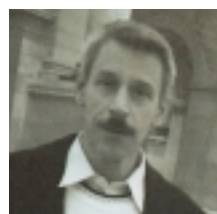
# PARISH NEWS

## Delegates to Convention (3 positions for 1-year terms):



*Kate Breslin-Harden*

**Kate Breslin-Harden**—Kate has been an attorney for 16 years and is currently working in a law firm in Warwick. She was born in Bristol and has always considered herself a member of St. Michael's. Kate was baptized and confirmed here, attended Sunday School here, was in the choir and served as an acolyte. Many of us remember that her mother served on the Vestry for 8 years and as Sr. Warden for 3 years. Despite living away for 19 years before returning "home" in 2001, Kate has always come back to make St. Michael's a part of most of the milestones in her life. She was married here even though she was living in Florida at the time, as she wanted it to be part of that celebration. Kate's two children, Thomas and Grace, are currently enrolled in Sunday school at St. Michael's. Kate has served on the Vestry since 2006.



*John Whitney*

**John Whitney**—John moved to Bristol from Idaho 5 years ago with his wife and daughter. They wanted to be near the ocean and think Bristol is a great town. John works for Redwood Nursery in Swansea as their assistant manager.



*Louisa Jones*

**Louisa Jones**—Louisa Jones moved to Bristol in August 2006. She and her husband, Lit, live on Cooke Street in Bristol with their two Labrador retrievers. Their son, Joshua, is a student at the Hartt School at the University of Hartford in Connecticut where he studies classical guitar. Louisa works as a Senior Clinical Systems Analyst for Lifespan in Providence.

At her former parish, Ware Episcopal Church in Gloucester Virginia, Louisa was the Christian Education Coordinator for nine years. She also sung in the choir, participated in the altar guild, and helped establish a parish development group. Louisa completed the four year study of Education for Ministry including one year as the co-mentor.

At Saint Michaels, she has been active in the choir and evening adult study group. Most recently she assisted

on the Stewardship committee to develop "On Loan" for the 2008 ingathering.

## Alternates to Convention (3 positions for 1-year terms):



*Charlotte Silvia*

**Charlotte Silvia**—Charlotte Silvia has been a member of St. Michael's for 75 years. She was baptized and confirmed at St. Michael's. She was a member of the junior choir and senior choir while in high school. She taught nursery, pre-kindergarten and kindergarten classes in the 50's and 60's. She helped out with

the youth group when Dr. Denman Scott and The Rev. Warren Tanghe were here. She has been a member of the Ivy Guild and directress of the Altar Guild back when Canon Tildesley was here. She currently is a member of the Fellowship Committee, and Directress of Altar Guild. She enjoys her involvement in church activities and. She was also a volunteer at the soup kitchen several years ago. She is an invaluable volunteer as "Office Angel" on a regular basis. Her five children all attended Sunday School and served as acolytes at St. Michael's. She is a life-time member of the Bristol 4th of July Committee and also volunteers to work at the voting polls.

## Joanna Ziegler—See bio to the left.

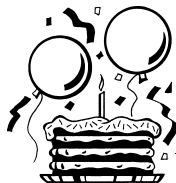


*John Beekley*

**John Beekley**—John worked for many years as Trust Officer settling estates for Wilmington [Del] Trust Co. and retired in 1996. Ten years ago, he moved to Bristol and married his wife, Ann, with whom he lives at North Farm. He served six years on the Board of Community MusicWorks and, since then, has been serving on the Committee for the Community

Concert Series at St. Michaels. He also frequently reads lessons during Sunday 10am Services.

# PARISH NEWS



Birthdays &  
Anniversaries  
This Month!

If your name is not listed and you would like it to be, please contact the church office and give us the appropriate date, either wedding anniversary or birthday.

### Birthdays

Elizabeth Sullivan	01/01	Mark Grandgeorge	01/18
Riley Kachapis	01/02	Sharon Gordon	01/19
Shirley Nunes	01/03	Lisbeth Ramsay	01/19
Janice Williams	01/04	Anders Holmstrom	01/20
Manuel Sousa	01/04	Julie Caldwell	01/21
Louisa Jones	01/05	Beth Fay	01/22
David Mesagno	01/05	Ayanna Samuel	01/22
Rosemarie Dion	01/06	Glenn Donovan	01/25
Joseph Turner	01/07	Katie Godwin	01/25
Lisa Wilson	01/08	Brian Grandgeorge	01/25
Jason Grandgeorge	01/08	Michael Grandgeorge	01/25
Roger Boucher	01/10	Joyce Rodrigues	01/27
Clara Davis	01/11	Marcia Bosworth	01/28
Ethan Heilborn	01/11	Jane Mesagno	01/28
Dillon Darnbrough	01/13	Carla Wilbur	01/29
Lyla Birch	01/13	Carla Wilbur	01/29
Beatrice Russo	01/15	Heidi Klages	01/29
Alice Cullen	01/15	Elizabeth Vargas	01/30
Gary Mesagno	01/15	Cameron Wilbur	01/31
Helen Sousa	01/17		

### Wedding Anniversaries

Mark and Pam Pfeiffer	01/01
Nancy and Bill Grandgeorge	01/12
Frances and George Sousa	01/19
Elizabeth and Robert Hazlett	01/26
Mary and Charles Millard	01/27

### BICYCLES NEEDED



Glenn Donovan, parishioner and volunteer for the RISE program, knows of 5 or 6 adult males in need of bicycles.

If you are able to help please contact Glenn Donovan at 253-7837 or email him at [gdonovan@lifespan.org](mailto:gdonovan@lifespan.org).



Our Nursing  
Home Ministry

January 4, Sunday	2:00 pm
St. Elizabeth's Manor, Bristol	
Celebrant: The Rev. Mark DeWolf	
January 6, Tuesday	11:00am
Silver Creek Nursing Home, Bristol	
January 13, Tuesday	10:00am
St. Elizabeth's Manor, Bristol	
January 20, Tuesday	3:00pm
Grace Barker, Warren	
January 27, Tuesday	10:30am
Haven Health, Warren	
Celebrant: The Rev. Cecilia Perry	



### A DOUBLE SHOT OF ROMANCE

Valentine's Day, Feb. 14, 7:30pm at St. Michael's . . . Romantic music and Romantic poetry presented in "INFLECTIONS OF LOVE" by AUREA, the chamber

group from Providence that mixes live music with the spoken word. Charles Sherba, concertmaster of the Rhode Island Philharmonic, and fellow musicians will entertain us with melodic chamber music and readings to warm the heart. The program is sponsored by the Community Concert Series @ St. Michael's. Tickets are available at Paper, Packaging, and Panache and Coggeshall Jewelers or at the door. \$20 - \$15 (Seniors) and \$10 (Students.) Come and celebrate with your sweetheart!

# PARISH NEWS

## ST. MICHAEL'S MEMORABILIA FOR SALE

As part of our 290th celebration we had hats, t-shirts and bags imprinted with "St. Michael's Church in Bristol Celebrating 290 years". These items were given as a token of thanks to those who contributed to the 290th Fund which will be returned to the General Fund within our endowment. We still have some of these items and will be offering them for sale. The hats are \$ 12.00; T-shirts \$10.00; and the bags are \$10.00.

If you are interested in purchasing any of these items, there are order forms available at the back of the church to be filled out and returned to the office.



### Step #4 of Effective Church\*

#### 4. Accept responsibility for mistakes, learn from them, and in all things, let grace abound.



Christians aren't perfect; they are forgiven. So making mistakes is not the worst thing that can happen. Besides we often learn the most from our failures. In the end, and in the beginning, it is about God's grace, not our achievements. Cut others some slack. While you're at it, cut yourself some, too.

### Step #4 of Ineffective Church\*

#### 4. Blame early and often.

Maintaining dysfunction in a congregation is made easier if scapegoats are regularly identified. In some congregations, ministers make wonderful scapegoats. You may also blame "newcomers," or "people who don't understand how we do things in this church." If all else fails, blame the Conference, the denomination, or Satan.



\* Taken from *The 7 Habits of Highly Ineffective and Effective Churches* by Anthony B. Robinson

(Continued from John Reskusich's article from the October issue of WINGS.)



**ST. MICHAEL'S CHURCH OF BRISTOL**  
*Jesus said, "For where your treasure is, there your heart will be also."  
Matthew 6:21*  
**2009 Stewardship "ON LOAN" Campaign**

I want to help support the mission of St. Michael's Church by pledging,

\$ \_\_\_\_\_ each week, or \$ \_\_\_\_\_ per month, or \$ \_\_\_\_\_ annually, or \$ \_\_\_\_\_ other/specify.

Do you want weekly offering envelopes? \_\_\_\_\_ Yes \_\_\_\_\_ No

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

Email Address: \_\_\_\_\_

*If you have not pledged in the past, please consider doing so.  
For those who have pledged, please consider stretching your pledge for 2009.  
We appreciate your generous contribution.*

**PLEDGE CARD**

**PLEASE TEAR OFF AND SEND TO ST. MICHAEL'S CHURCH, P. O. BOX 414, BRISTOL, RI 02809**

**STEWARDSHIP UPDATE FOR 2009**

Pledging units: 82  
Amount pledged to date: \$100,896

*"Thank you"* to those who have already submitted their pledge for 2009, your quick response allows the Finance Committee to better prepare the budget for the new year.

*Remember St. Michael's  
Church in your will and estate  
planning and help ensure our  
mission as your legacy for  
future generations.*

**REMINDER**

**If you haven't had the chance to view the "On Loan" DVD prepared by members of St. Michael's, you may do so by requesting a copy at the church office or by going on line to our website at [www.stmichaelsbristolri.org](http://www.stmichaelsbristolri.org). Please make every effort to view this DVD it gives insight into what St. Michael's does for the local community as well as the world at large.**



Anne McCarthy

## The New Year

We bring much of the past year into the new one—unresolved issues, financial and related concerns, crises of the body, mind and spirit. The element we cling to as people of faith is Hope as we go forward. We have much to be positive about as we anticipate the arrival of our Rector and his family. In anticipation of the wholeness we can experience in our lives, I felt the need to review online “About National Health Ministries.” I reread NEHM’s vision, mission and commitment to which I subscribe. As your Faith Community Nurse, I am in alignment with all that follows:

### About National Episcopal Health Ministries

#### **Our vision**

...that every Episcopal congregation becomes a vibrant, caring place of health and wholeness.

#### **Our mission**

...to promote health ministry in Episcopal congregations, assisting them to reclaim the Gospel imperative of health and wholeness.

**Whenever you enter a town...  
heal the sick in it and say to them,  
“The kingdom of God is come near to you.”  
Luke 10:8-9**

#### **Our commitment**

- National Episcopal Health Ministries is committed to:
- Christ as Healer
- Health as a holy, natural and continuous process
- Stewardship of the body and all God’s creation
- Authentic and holy relationships
- Integration of the inner journey and the external life
- Reconciliation in a broken and fragmented world

**“The church is called to exercise a ministry of healing that emphasizes relationship and community, the body’s natural powers of healing, medical knowledge and skills to assist restoration of health or relieve pain, and the knowledge that we are mortal yet born for eternity.”**

**—Archbishop William Temple, in  
The Truth Shall Make You Free, 1944**

#### **Who we serve**

##### **Those we serve are:**

- Health ministers who promote health and healing within Episcopal congregations
- Episcopal congregations
- Episcopal clergy
- Episcopal dioceses and provinces

#### **How we serve**

##### **We serve by:**

- Educating leaders for Episcopal health ministry and parish nursing
- Supporting those engaged in health ministry in Episcopal congregations through membership opportunities
- Providing resources to local congregations, diocese and provinces
- Collaborating with other faith communities, institutions and health organizations

#### **Our relationship with The Episcopal Church (TEC)**

...is through the Rev. Melford (Bud) Holland, who serves on the Board of National Episcopal Health Ministries. Bud Holland is on the staff of the national church center in New York City, where he leads the Office of Ministry Development. National Episcopal Health Ministries is incorporated separately as a 501c3 not-for-profit organization.

**“All members of the Episcopal Church have a responsibility to care for their bodies as temples of God, which includes healthy minds and spirits, the utilization of preventive medical care, healthy diets, regular exercise, and the avoidance of all types of substance abuse.”**  
**—Report of the Standing Committee on Human Affairs and Health, Journal of the General Convention, 1991**

# PARISH NEWS

## Evening Meditation Group Continues in January and February

One of the oldest and least understood practices in our tradition is meditation. Practiced by such Christian mystics as Hildegard von Bingen (1098 – 1179), Ignatius of Loyola (1491 – 1556), and Henri Nouwen (1932 – 1996), meditation has taken many forms and provides us with a rich opportunity to deepen our sacred experience.

In December the group began their exploration of meditation with a look at the individual and group practices of Lectio Divina. Lectio Divina is Latin for divine reading. This traditional Christian practice of scriptural reading and meditation is intended to engender communion with G-d through The Word. Our exercise focused on a practice that could be included in our personal prayer lives whenever the need to connect through scripture moves us to prayer.

January and February Schedule: (all meetings will be at 7:30 in the Ivy Room)

- Thursday, 8 January (Epiphany) – Hildegard von Bingen, a German abbess, author, counselor, linguist, naturalist, scientist, philosopher, physician, herbalist, poet, visionary and composer contributed much to the practice of meditation. Our exercise will include the music of Hildegard von Bingen.
- Thursday, 22 January (Epiphany) – Ignatius of Loyola developed a method called Spiritual Exercises that are designed to lead the practitioner through several months of guided prayer and meditation on the life of Christ. We will explore selected meditations that include themes from Epiphany.
- Thursday, 5 February (Epiphany) – Henri Jozef Machiel Nouwen was a Dutch Catholic priest and prolific author of books on the spiritual life. Nouwen, while considered controversial by some, continues to be one of the most widely read modern Christian theologians. His exegesis on the belovedness of G-d changed the church's understanding of our relationship with G-d. Our meditation exer-



cises will draw on passages from Nouwen's *Out of Solitude: Three Meditations on the Christian Life*.

- Thursday, 19 February (Epiphany) – In contemporary Christian meditation, kinetic contemplative methods include music, yoga, labyrinth walks and other active forms. Our exercise will use the ancient practice of yoga in a contemporary contemplative form. Wear comfortable clothes. More information provided before the meeting.

Even if you were not able to join us in December, feel free to participate now. Christian meditation is a rich heritage that leads many into a fuller relationship with G-d. This program is intended to give participants information and practice that they can explore further in the context of prayer life. Feel free to participate at your own level of comfort. For more information, please contact Louisa Jones 396-5067.

# ST. MICHAEL'S CHURCH CALENDAR

*Please place on your refrigerator.*

JANUARY 2009					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> 8am, 10am and 6pm -Hdy Eucharist 9:00 AM Child Care 9:45 AM Sunday School 11:15 AM Angel Choir	<b>29</b>	<b>30</b>	<b>31</b> 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal	<b>1</b>  NEW YEAR'S DAY OFFICE CLOSED	<b>2</b> OFFICE CLOSED
<b>4</b> 8am, 10am and 6pm -Hdy Eucharist 9:00 AM Child Care	<b>5</b>	<b>6</b> 11:00 AM Holy Eucharist- Silver Creek NH	<b>7</b> 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal	<b>8</b> 7:30 PM Epiphany Meditation	<b>9</b> 6:00 PM Handbe Rehearsal
<b>11</b> 8am and 6pm -Holy Eucharist 9:00 AM Child Care 9:45 AM Sunday School 10:00 AM Baptism/Hdy Eucharist	<b>12</b>	<b>13</b> 10:00 AM Holy Eucharist- St. Elizabeths Manor	<b>14</b> 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal	<b>15</b>	<b>16</b> 6:00 PM Handbe Rehearsal
<b>18</b> 8am, 10am and 6pm -Hdy Eucharist 9:00 AM Child Care 9:45 AM Sunday School	<b>19</b>  OFFICE CLOSED	<b>20</b> 3:00 PM Holy Eucharist- Grace Barker NH 6:30 PM Finance Committee	<b>21</b> 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal 7:00 PM Vestry Meeting	<b>22</b> 7:30 PM Epiphany Meditation	<b>23</b> 6:00 PM Handbe Rehearsal
<b>25</b> 8am, 10am and 6pm -Hdy Eucharist 9:00 AM Child Care 9:45 AM Sunday School	<b>26</b>	<b>27</b> 10:30 AM Holy Eucharist- Haven Health NH	<b>28</b> 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal	<b>29</b>	<b>30</b> 6:00 PM Handbe Rehearsal

visit our WEBSITE at:  
stmichaelsbristolri.org

If you do not wish to receive this newsletter or if you are receiving it by mistake, please call the church office or e-mail a note to us with the name and address to be removed and we will make the correction. Thank you.

*Almighty God, giver of every good gift: Look graciously on the people of St. Michael's Parish and so guide us as we look forward to the call of a new Rector that we may be readied to receive a faithful pastor who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.*

After 5 Days Return to  
**St. Michael's Church**  
P.O. Box 414  
399 Hope St.  
Bristol, RI 02809-0414  
**Change Service Request**

**Telephone:(401)253-7717 Fax: (401) 253-7785**  
**Email:stmichaels@fullchannel.net**  
**Website:stmichaelsbristolri.org**

**Non-profit Organization**  
02809-0414  
**U.S. Postage Paid**  
Bristol, RI  
**Permit No. 41**

***Time Dated Material -- Please Do Not Delay***



*Founded in 1718*

**Office Hours:** M-F 8:30a.m. - 4:30p.m.

**Worship Services:**

Sunday: 8:00 and 10:00 a.m. and 6:00 p.m.

Sunday School 9:45 a.m.

Holy Eucharist -Wednesday: 7:00 a.m.