



# WINGS

Saint Michael's Episcopal Church, Bristol, Rhode Island 02809

NEWSLETTER --March 2011



*The Rev. Canon  
David J. Lucey*

## Growth in the Spirit and Other Lenten Concepts

Vital churches are spiritually centered. This is a statement that clearly makes sense, but it is an insight that we sometimes forget, out of uncertainty in our own faith, a false sense of ecumenism that holding our own faith dearly is, by definition, exclusive, or that works can have the same effect without the spiritual disciplines, or some other equally uncertain principal.

Now, I am not talking about certainty here. Rather, I am talking about a lively, engaged, and disciplined understanding that our spiritual life is a journey that must be nurtured. That nurturing idea must be supported by what we do in our worship, it must be supported by what we do in individual devotions, and it must be supported by what we do in the world. Churches and individuals centered on core activities around spiritual growth are far more vital than churches and individuals that just do, or churches that meander spiritually and dabble in action.

In a virtuous and uplifting cycle, spiritual development calls us into action, and action requires us to keep growing in the spirit.

Here then are the most important ways that you can support your spiritual journey.

First, read the Bible daily. This may sound like an old-fashioned habit, but if you try it you will be amazed at the impact this simple act has on your spiritual life. The Bible is our sacred story and the more we know about it the healthier our journey will be.

Second, pray every day. There are many ways to pray and if you need some suggestions, let me know. The

*Rector...continued on page 2* 1



*Jackie Barrows  
Sr. Warden*

## Message From The Sr. Warden

I would like to welcome our new vestry members and thank our outgoing members again. We have a full year ahead of us, planning our capital campaign, and growing our stewardship. I know I speak on behalf of the vestry to thank all of the parish members that came to our annual meeting. Your voice is important to us and it is a good venue to communicate our accomplishments this previous year. As an update to the Bristol Good Neighbors lease agreement for the parish house I can report that we are very close to signing as of the time of this publication. As always, anyone who has questions about our relationship to BGN is welcome to seek out any vestry member or speak to David. May we have a fruitful year of continued growth.

### “Vestry Meetings Open to Parish”

Did you know Vestry Meetings are open to the Parish? They are and you should come. See how and what we discuss and do. If you have something you would like to bring to our attention or suggest to the Vestry, you are more than welcome to attend. If you are interested in participating sometime in the future in the governance of St. Michael's, please come and join us.

The Vestry meets once a month usually on the 3rd Tuesday. Here are the scheduled meeting dates for the next three months; all meetings are at 7pm in the Tildesley Building.

Tuesday, March 22, 2011                      Tuesday, April 19, 2011

Tuesday, May 17, 2011

Additionally, the Finance Committee usually meets the Monday evening before the Vestry at 6:30pm in the Ivy Room. You are welcome to join us then as well.      Jacqueline Barrows, Senior Warden

*Rector...continued from page 1*

method you use does not have to be sophisticated or complex. Find something and do it. My best advice for beginners is to pray as you can, not as you can't.

Third, become part of a Christian community so that you have company on your faith journey. Regular contact and conversations with those who share your faith strengthens you, and can even be fun... Even Jesus had companionship and company on his journeys.

Why am I saying all of this? Because I believe that St. Michael's is and must be committed to the process of growing spiritually so that we can meet God's intentions for us. And, I say this because we are offering some practical ways to increase our spiritual centering.

Here are some things you can do individually to support yourself and our corporate life. Join Buzz in the Bristol Bagel Shop at 8:00 AM on Tuesday mornings to read the Bible, pray, and talk about your faith. Sign up to pray the intercessions of this church community daily during Lent. Come to the 7:00 AM Eucharist on Wednesday mornings for support and connection. Join the Inquirers Class after the 10:00 AM Sunday services for an overview of our Episcopal Traditions in belief and practice. Say the daily office from the Book of Common Prayer. Join us every Sunday you are in town for communion, prayer, story telling, and beautiful music. Answer God's call to serve others by selecting one of the Reach Out opportunities as a church-wide commitment to mission. Know that we are growing in the spirit and that will help us to grow in all the other ways we need to grow.

When is a good time to start? Well, Lent is a good time. Lent is penitential, but it is not about working your way toward God. It is, instead, a time of reflecting on our underserved redemption by God's grace in the acts of Jesus. Because of this character it seems to me that this is the perfect time to rededicate ourselves as a congregation corporately and individually in that body to the spiritual disciplines. Lent begins on March 9 with Ash Wednesday services at 7:00 AM, Noon, and 7:00 PM. Remember, also, our Shrove Tuesday Pancake Supper the night before in the Parish Hall, a fun time for us to feast and to be shriven before the disciplines of Lent, disciplines that will help us grow in the Spirit and grow vitality.

In peace,  
David+

## From the Junior Warden



*Garry Holmstrom  
Jr. Warden*

Maintaining our properties is a full time, year long event. We are all grateful for a very active and talented Property Committee that is keeping ahead of repairs and potential problems. There is always room for more - both people and their talent. Plan to join us for the Spring Clean Up day. It's a great way to meet other Parishioners and get involved in preserving our beautiful buildings and property.

Our recent look into what needs to be repaired soon to prevent expensive repair bills is another sign of renewed interest and energy by Parishioners to get involved in our capital improvement plans. Lots of good thoughts and ideas perking up which we will think wisely about over the coming months.

While we need to keep the interior of our buildings clean and safe, the few days of warm weather in mid February swings our attention to the outdoors. For many of us that means the Gardens - and our Secret Gardeners. We plan to begin our 9:00 AM Saturday morning gardening efforts in March so please look for the Bulletin notices and emails that will describe each Saturday's focus area. Plan to join us. If you can't, then feel free to drop by during the week to help keep our Hope and Church St. property in great shape throughout the year. Our first day will begin by reviewing our photos of last year's spring pictures to see what we have in the ground, and where flowers will pop up very soon. There will most likely be some branches, twigs and some leaves to remove. Bring your gloves, plastic leaf bags and a rake if you have one.

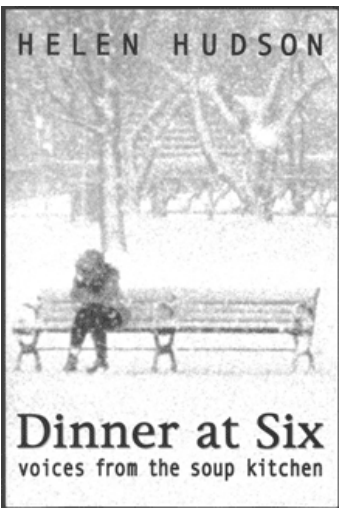
Many thanks for your continued help in all these areas,  
Garry



Matt Kirchner  
Treasurer

## Treasurer's Two Cents

Appreciate all of you that attended the Annual Meeting and spoke up with questions about St. Michael's Church - now and going forward. Those questions are being followed up on, and any follow ups from those able to attend the Annual Meeting or not are always welcome. St. Michael's parishioners answered the call during Stewardship and the Vestry, finance committee, and I remain available to show how that action gets put to work (in budgeting and beyond).



## St. Michael's Book Group to benefit Bristol Good Neighbors...

...is offering copies of Dinner at Six: Voices from the Soup Kitchen by Helen Hudson. The New Yorker calls Ms Hunt "a superior author". In it she shares compelling stories drawn from the author's experi-

ences as a soup kitchen volunteer. A concert pianist, a soldier, laborers and mothers; Dinner at Six gives a unique look into the human heart through these moving portraits of adversity and hope, giving new meaning to the lives of those on the fringes of society, and renewed humanity to those we pass every day on the street.

The book has raised tens of thousands of dollars for the hungry and homeless across America. This will be our book group topic at the March 31 meeting at 7pm in the Ivy Room. The books are being offered on a "free will offering" basis. This means you pay what you want for the book. 100% of the money collected will go to Bristol Good Neighbors to support the work that they do in our community. Copies will be available at the back of the church. If you have any questions, you can contact Jackie Barrows (401-301-0686) or Louisa Jones (401-396-5067).

## Forum on Confirmation Preparation

### Confirmation Preparation (Save the Date):

**On Sunday, March 13 from 11:45 A.M. until 12:45 P.M. in the Ivy Room, the Rector will begin a Lenten Series of classes on the Episcopal Church and Anglicanism for those who wish to make a formal commitment to living out their faith in the Episcopal Church.** These classes are intended for anyone and especially for those who will be sixteen years of age by May 21 and wish to be Confirmed, Received into Communion, or formally renew their baptismal vows at a Deanery-wide service to be held at Emmanuel Church, Newport Rhode Island on Saturday afternoon, May 21 at 2:00 P.M. If you are interested, please let the Parish Administrator, Betty Vargas know by calling (401)253-7717 or email us at [stmichaels@fullchannel.net](mailto:stmichaels@fullchannel.net).



Save this date for an **A CAPPELLA EXPLOSION** in St. Michael's Church - Saturday, April 9, 8:00pm. In the past we've laughed and

loved the Whiffenpoofs and Spizziwinks from Yale. This time 'round, we'll hear from the Jabberwocks and Higher Keys from Brown University and Special Guest from Providence College. They're targeting the "oldies but goodies" that we all love so much. It a show full of the energy of youth and the joy of their singing. Tickets are \$20, \$15 (seniors), and \$10 (students.) You'll be smiling and humming the tunes when you leave!



## Reach-Out Forum "Solar Light"

The Reach-Out Committee will be sponsoring a forum on "Solar Light" by Katherine Lucey on Sunday, March 20 at 11:30am in the Ivy Room. Light refreshment will be served. Please come and join us!



ST. MICHAEL'S CHORISTER BAKE SALE

SUNDAY, MARCH 6th

A bake sale to support the St. Michael's Chorister program will be held between and after Sunday services on March 6. If you would like to participate by baking please let Waylon know!



The text could be something like “Do you know someone who loves to sing? The St. Michael’s Parish Choir is actively looking for new members in all voice parts. Experience is welcome but not necessary. The Parish Choir vests on Sundays from September to June plus Christmas Eve and three annual Evensongs. It’s an excellent way to use your talents and improve your musical skills.

If you or someone you know may be interested in joining, please speak to Waylon Whitley, our organist and choirmaster, by email at [waylon.whitley@gmail.com](mailto:waylon.whitley@gmail.com) or stop by the organ after a Sunday liturgy and introduce yourself.”



Warm your soul this mid-winter with Traditional Choral Evensong—Sunday, April 3 at 5 p.m. Come experience the best of our Anglican traditions

as the choirs of St. Michael’s Church sing Evensong, the sung evening prayer service of the Anglican Church. The Parish Choir will be joined by the St. Michael’s Choristers, our Royal School of Church Music training choir, for this ancient and mystical prayer service, which lasts approximately 45 minutes. A reception will follow.



Do you know someone who might be interested in what we do at St. Michael’s? If you do, why not bring them to our newcomers wine and cheese reception on Friday, March 25 from 6 to 8 p.m.? Newcomers are those who have attended services over the last year or have expressed an interest in St. Michael’s. Guests will have an opportunity to tour the church and hear about some of our programs at a welcoming social event. We hope you will bring a friend and join us. For more information call the church office at 253-7717



# Annual Youth Evensong

Sunday, March 13, 2011  
*The First Sunday in Lent*

5:00 pm

Sung by youth choristers from St. Michael's Church, Bristol; St. Luke's Church, East Greenwich; Emmanuel, Newport; St. Paul's Church, Wickford and St. Paul's Church, Pawtucket and directed by Andrew Sheranian, Organist and Master of Choristers at the Parish of All Saints, Ashmont, in Boston.

*~ a reception will follow ~  
all invited*

St. Peter's by-the-Sea  
72 Central Street  
Narragansett, RI 02882

# Shrove Tuesday Pancake Supper

Tuesday, March 8, 2011

5:30 ~ 7: pm

Parish House



*Suggested Donation: Adults \$8.00*

*Children \$5.00*

*Under 8 years old FREE!*



## *MENU:*

*Pancakes. Ham, bacon, fresh fruit, orange and cranberry juice, coffee, milk*

*Members of the Parish are being asked to contribute any of the following items:  
Orange juice, Cranberry juice, ham, eggs, milk, butter and maple syrup.*

*Any leftover product will be left for the soup kitchen.*

*We are also asking people to bring a goodwill offering of canned goods to the event!  
All attending are encouraged to wear their best MARDI GRAS attire (beads, masks, etc)*

*Please bring your items to the church office by  
Wednesday, March 2*

**PLEASE JOIN OUR PARISH FAMILY  
AS WE BEGIN LENT WITH THIS  
"FAT~TASTIC" MEAL**



*A signup sheet is located at the back of the church or  
you may call the church office at 253~7717*



# St. Patrick's Corned beef & Cabbage Dinner

Saturday, March 19  
6:00pm

## Menu

St Michael's Glazed Corned Beef  
Cabbage  
Potatoes  
Carrots  
Handmade Irish Soda Bread

Cash Bar for Adult Drinks

Sign Up Early!

Reserve seat with your payment  
only 100 seats available

Adults: \$10.00

Children: \$5.00

children under 8: free

Raffle  
Prizes





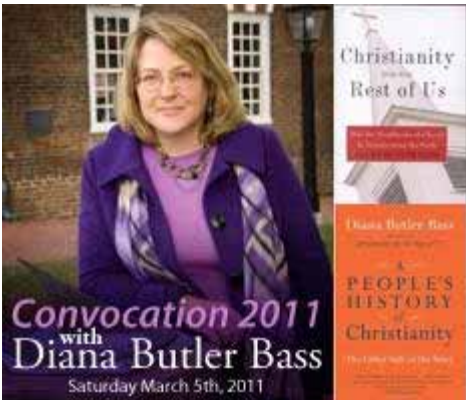
CAPITAL CAMPAIGN PLANNING MEETING

## All Parish Organizing Meeting for Capital Funding Needs

All are invited to the Parish House on Thursday, March 24 and again on Thursday, April 14 at 6:30 PM in the Parish Hall, where St. Michael's Church will meet and plan a parish dinner to kickoff a Capital Campaign in order to address the ongoing capital projects of the parish. There will be a light dinner and child care. Peter Saros, our Congregational Development Consultant, will guide us through the organizing process. This is as vital to our ongoing development as the annual Stewardship campaign is to a annual funding of ministry. We encourage all to be there.



**Daylight Savings Time Ends.  
Please remember to turn your clocks ahead  
an hour on Saturday, March 12th.**



Dear Fellow Parishioners,  
You are invited to the following event:

### Convocation 2011; A Day with Diana Butler Bass

**March 05, 2011 9:00 AM - 3:00 PM**






**The Providence Marriott 1 Orms Street Providence, RI 02906**

This year will be better than ever, with bestselling author, scholar and speaker Diana Butler Bass who challenges Christian leaders to take part in God's mission for the world.

The registration fee for the day is \$20 and includes a buffet lunch. Registration deadline is February 27th. Please register online at [www.episcopalri.org](http://www.episcopalri.org) or call 274-4500 and speak with Gloria.

# ST. MICHAEL'S CHURCH CALENDAR

*Please place on your refrigerator.*

MARCH 2011						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>27</b> 8:00 AM Holy Eucharist 9:15 AM Kanonia School 10:00 AM Hly Eucharist 11:45 AM Forum on Liturgy	<b>28</b>	<b>1</b> 8:00 AM BUZZ Group 6:00 PM Reach-Out Meeting	<b>2</b> 7:00 AM Holy Eucharist 8:30 AM Centering Prayer 7:00 PM Patish Choir Rehearsal	<b>3</b> 6:30 PM Yoga	<b>4</b> 3:45 PM Angel Choir Rehearsal 4:30 PM RSCM Rehearsal	<b>5</b>
<b>6</b>  Chorister Bake Sale-After Services 8:00 AM Holy Eucharist 9:15 AM Kanonia School 10:00 AM Hly Eucharist 11:45 AM Forum on Liturgy 2:00 PM Hdy Eucharist-St. Elizabeth's Manor	<b>7</b>	<b>8</b>  <b>SHROVE TUESDAY</b> 8:00 AM BUZZ Group 5:30 PM Shrove Tuesday Pancake Supper	<b>9</b>  7:00 AM Holy Eucharist & Imposition of Ashes 8:30 AM Centering Prayer Noon-HE & Imposition of Ashes 7:00 PM HE & Imposition of Ashes 8:00 PM Patish Choir Rehearsal	<b>10</b> 6:30 PM Yoga	<b>11</b> 3:45 PM Angel Choir Rehearsal 4:30 PM RSCM Rehearsal 6:00 PM Fellowship Mtg.	<b>12</b>
<b>13</b>  Time to Spring Ahead 8:00 AM Holy Eucharist 9:15 AM Kanonia School 10:00 AM Hly Eucharist 11:45 AM Lenten Series	<b>14</b>	<b>15</b> 8:00 AM BUZZ Group 7:00 PM Vestry Meeting	<b>16</b> 7:00 AM Holy Eucharist 8:30 AM Centering Prayer 7:00 PM Patish Choir Rehearsal	<b>17</b> 6:30 PM Yoga	<b>18</b> 3:45 PM Angel Choir Rehearsal 4:30 PM RSCM Rehearsal	<b>19</b>  5:30 PM St. Pat's Corned Beef Dinner
<b>20</b> 8:00 AM Holy Eucharist 9:15 AM Kanonia School 10:00 AM Hly Eucharist 11:30 AM Reach-Out Forum "Solar Light" 11:45 AM Lenten Series	<b>21</b> Finance Committee Meeting	<b>22</b> 8:00 AM BUZZ Group	<b>23</b> 7:00 AM Holy Eucharist 8:30 AM Centering Prayer 7:00 PM Patish Choir Rehearsal	<b>24</b> 6:30 PM Capital Campaign Planning Mtg. 6:30 PM Yoga	<b>25</b> 3:45 PM Angel Choir Rehearsal 4:30 PM RSCM Rehearsal 6:00 PM Newcomer's Wine & Cheese Reception	<b>26</b>
<b>27</b> 8:00 AM Holy Eucharist 9:15 AM Kanonia School 10:00 AM Hly Eucharist 11:45 AM Lenten Series	<b>28</b>	<b>29</b> 8:00 AM BUZZ Group	<b>30</b> 7:00 AM Holy Eucharist 8:30 AM Centering Prayer 7:00 PM Patish Choir Rehearsal	<b>31</b> 6:30 PM Yoga 7:00 PM Book Group	<b>1</b> 3:45 PM Angel Choir Rehearsal 4:30 PM RSCM Rehearsal	<b>2</b>



If your name is not listed and you would like it to be, please contact the church office and give us the appropriate date, either wedding anniversary or birthday.

**Birthdays**

Christine Medeiros	03/02	Robert Curran	03/18
Gail Storms	03/03	Goodwin Anderson	03/18
Robert Wardwell	03/03	Patricia Robinson	03/19
Joshua Munro	03/03	Melissa Lannan	03/20
Devin Lannan	03/03	Madeline Nash	03/20
Sylvia Bray	03/04	Melissa Heilborn	03/21
Stephen Scolamiero	03/04	Manuel Vargas	03/22
Kevin Fitzgerald	03/04	Lynel Cote	03/22
Adisa Samuel	03/05	Julia Foster	03/22
Ryan Butler	03/05	Eunice Hanson	03/23
Clinton Pearson	03/06	Joanne Teixeira	03/23
Isoke Samuel	03/06	Stephen Knapman	03/23
Elijah Ramsay	03/06	Enzly Ramsay	03/24
Candace Turner	03/07	Marcia Robitaille	03/25
Olivia Bennett	03/08	John Barker	03/26
Lola Rigano	03/09	Thomas Santolupo	03/26
Waylon Whitley	03/09	Elaina Cardullo	03/28
Linda Klages	03/10	Laura Butler	03/29
Jason Birch	03/10	Nathaniel Pfeiffer	03/29
Shannon Scallin	03/12	Nicholas Nadalin	03/29
Andwele Samuel	03/13	Hunter Millan	03/29
Kenneth Robitaille	03/14	Miles Millan	03/29
Shawen Williams	03/14	Cole Manchester	03/30
Amy Fitzgerald	03/14	Nancy Grandgeorge	03/31
Debra Waddell	03/17		

**Wedding Anniversaries**

Jonnie and Sandra Greer	03/01
Kenneth and Marcia Robitaille	03/20
Robert adn Mary Bush	03/23

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**PLEASE HELP US KEEP UP WITH NEW MEMBERS AND UPDATES  
TO YOUR CURRENT INFORMATION**

Simply fill in the information below and place it in the offering plate, or in the basket at the back of the church or send to the Parish Office: P. O. Box 414, Bristol, RI 02809

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: Home \_\_\_\_\_ Cell \_\_\_\_\_

email: \_\_\_\_\_

# St. Michael's Episcopal Church

Bristol, RI

Present Pledge Amount \$ \_\_\_\_\_

Week Month Quarterly Annual (Circle One)

## Stewardship Pledge Card 2011

As my commitment to Jesus Christ and the present ministry of our church and its future growth and development I pledge:

Payable: (fill in one)      Weekly \$ \_\_\_\_\_      Monthly \$ \_\_\_\_\_

Quarterly \$ \_\_\_\_\_      Annually \$ \_\_\_\_\_

Print Name: \_\_\_\_\_

Signed: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date: \_\_\_\_\_      Boxed Weekly envelopes \_\_\_\_\_ Yes \_\_\_\_\_ No

Would you like information on remembering the Church in your will: \_\_\_\_\_ Yes \_\_\_\_\_ No

### Suggested Ways to Think About Pledging

#### Tithing

10% of your income (salary, pension, other). \$2.00 per week for every \$1,000 you receive per year. Therefore \$20,000 per year is \$40 per week, \$10,000 per year is \$20 per week, and \$75,000 per year is \$150 per week.

#### Modern Tithing

5% of your income. \$1.00 per week for every \$1,000 you receive per year. Therefore \$20,000 is \$20 per week, \$10,000 is \$10 per week, and \$75,000 is \$75 per week.

#### Fair Share

Divide the church budget by the number of giving households in the parish. If the budget is **\$400,000** and there are **100** households giving, the weekly giving would be **\$100** per week. (Average Church is about \$40 to \$45 per week)

#### National Average

The average pledge in the Episcopal Church is about \$37-\$40 per week.

#### Leader Pledge

The average pledge made by the Leaders of our Church is **\$43** per week.

After 5 Days Return to  
**St. Michael's Church**  
P.O. Box 414  
399 Hope St.  
Bristol, RI 02809-0414  
**Change Service Request**

**Telephone:(401)253-7717 Fax: (401) 253-7785**  
**Email:stmichaels@fullchannel.net**  
**Website:stmichaelsbristolri.org**



*Time Dated Material -- Please Do Not Delay*

**Office Hours:** M-F 8:30am - 4:30pm

**Worship Services:**

Sunday: 8:00 and 10:00 a.m.  
Holy Eucharist -Wednesday: 7:00 a.m.

visit our WEBSITE at:  
[stmichaelsbristolri.org](http://stmichaelsbristolri.org)

If you do not wish to receive this newsletter or if you are receiving it by mistake, please call the church office or e-mail a note to us at [stmichaels@fullchannel.net](mailto:stmichaels@fullchannel.net) with the name and address to be removed and we will make the correction.

You can also receive this newsletter via email. Just email us your address and we will send it to you. This newsletter is also available on the website. Thank you.



March 6, Sunday 2:00pm  
St. Elizabeth's Manor, Bristol  
Celebrant: The Rev. Mark DeWolf

March 1, Tuesday 11:00am  
Silver Creek Nursing Home, Bristol  
Celebrant: The Rev. David J. Lucey

**HOSPITAL VISITATION**

Please let the church office know (401-253-7717) if you or someone in your family is in the hospital so that we may extend Pastoral Care. With government regulations, Health Information Portability Accountability Act (HIPAA), if a hospitalized person does not choose to be listed in the hospital directory, one would not know about his/her being in the hospital.