

Parish Newsletter of St. Michael's Church in Bristol, RI 02809-0414

Christ has no body now on earth but yours, no hands but yours, no feet but yours. Yours are the eyes through which Christ's compassion is to look out on this earth, yours are the feet with which he is to go about doing good, and yours are the hands with which he is to bless us now.

Teresa of Avila, 1515-1582



A Prayer for Our Country

Almighty God, who hast given us this good land for our heritage; We humbly beseech

thee that we may always prove ourselves a people mindful of thy favor and glad to do thy will. Bless our land with honorable industry, sound learning, and pure manners. Save us from violence, discord and confusion; from pride and arrogancy, and from every evil way. Defend our liberties, and fashion into one united people the multitudes brought hither from many kindreds and tongues. Endue with the spirit of wisdom those to whom we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law, we may show forth thy praise among the nations of the earth. In the time of prosperity, fill our hearts with thankfulness. And in the day of trouble, suffer not our trust in thee to fail; all of which we ask through Jesus Christ our Lord. Amen.

I've been dipping into the history of St. Michael's, and have been reminded of what many of you already know, that the prayer above (*Book of Common Prayer, p. 820*) was composed by George Lyman Locke, Rector of St. Michael's for 52 years.

I'm a P.K. (preacher's kid), and I went to church, like it or not, every Sunday. Many of our prayers are deeply rooted in my consciousness, and this prayer is one - a favorite of my father.

As we approach a very significant election, with altogether too much hype and too much polarization, this is a good prayer for us to reflect on.

Almighty God, who hast given us this good land for our heritage... What is God's view of our current immigration debate? How important to God are national boundaries?

A Prayer...Continued on page 2



Senior Warden's Corner

Dear Fellow Parishioners,

Developing ourselves into a more cohesive and successful church requires some introspection; looking into ourselves to self-analyze what we do well and what we do not so well. Maybe you think everything is hunky-dory. Maybe you think some areas or things are fine as they are, but others not so. And not everyone feels the same about all that we do. So, the Parish Development group is taking a stab at trying to determine what our strengths are and concentrate on maintaining and enhancing these strengths. We will need your help.

In addition to that we will be waiting until a new Rector joins us to start a full-blown effort at strategic goals and objectives. That individual needs to be part of that grass roots effort right from the get-go. We hope and pray that we can dive into this next year. Thus we are going to take some more measured approaches to enhancing and improving what we feel some tweaking. Stay tuned for more information later.

Over the next few months (seven to be exact!), we will be publishing something called "The 7 Habits of Highly Effective and 7 Habits of Highly Ineffective Churches". These will be extracted from a pamphlet by Anthony B. Robinson and published by the United Church of Christ.

As you read these good and bad habits of churches over the next 7 months, take a moment to reflect (1) why this is a good or bad habit and (2) which one is at Saint Michael's. Would you place us in the highly effective or the highly ineffective category? Or are we not so "highly" effective or ineffective? Can you see any evidence or even feelings or perceptions that put us in one or the other?

Senior Warden...Continued on page 2

We humbly beseech thee that we may always prove ourselves a people mindful of thy favor and glad to do thy will... Favor: it's the party base we favor, and whose will we seem glad to do.

Honorable industry... Interesting phrase - especially when we think of that industry which is the world of finance. Sound learning... Does our present preoccupation with testing lead to "sound learning"? Pure manners... What a quaint thought! Nothing "in your face" about it.

Defend our liberties, and fashion into one united people the multitudes brought hither from many kindreds and tongues... Locke wrote at a time when immigration was high. But we were secure about ourselves - and there was lots of space. And how wonderful this nation was for immigrants - and how wonderful immigrants were for the nation.

Endue with the spirit of wisdom those to whom we entrust the authority of government, that there may be justice and peace at home, and that, through obedience to thy law, we may show forth thy praise among the nations of the earth... Here is a vision of America with a mission to the world. But the mission begins at home, with justice for all, and the peace justice brings. When Locke wrote (prior to 1883) we had not begun to work on racial justice. And there was also discrimination toward many ethnic groups. Perhaps he had these injustices in mind. And gender justice was not yet on our horizon.

In the time of prosperity, fill our hearts with thankfulness. And in the day of trouble, suffer not our trust in thee to fail... These are words for all of us - for all time.

P. 12s
Interim Priest

Almighty God, giver of every good gift: Look graciously on the people of St. Michael's Parish and so guide us as we look forward to the call of a new Rector that we may be readied to receive a faithful pastor who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.

Let's start with the first set of habits...

No. 1 Habit of Highly Ineffective Churches: "Elevate mediocrity to a spiritual discipline. Figure out where average falls and aim below there. Doing things with excellence, joy and flair may make someone uncomfortable. God doesn't really expect much, anyhow."

No. 1 Habit of Highly Effective Churches: "Strive for excellence in service to Christ. Effective churches are churches where people enjoy what they are doing and do it well. Give God your best whether in the care of church grounds, the soup you prepare for the homeless shelter dinner, or the hymns and anthems you sing in worship."

So, where do we stand on this Habit No. 1? What do you see as evidencing we are Effective or Ineffective? What can we do better? What would you change? Think about it. Pray on it.

John Reskusich
Senior Warden

“Vestry Meetings Open to Parish”

Did you know Vestry Meetings are open to the Parish? They are and you should come. See how and what we discuss and do. If you have something you would like to bring to our attention or suggest to the Vestry, you are more than welcome to attend. If you are interested in possibly participating sometime in the future in the governance of St. Michael's, please come and join us.

The Vestry meets once a month usually the 3rd Tuesdays. Here is our scheduled meeting dates for the rest of the year. All meetings are at 7pm in the Tildesley Bldg.

Tuesday, October 21st
Tuesday, November 18th
Tuesday, December 16th

Additionally, the Finance Committee usually meets the Monday evening before the Vestry at 6:30pm in the Ivy Room. You are welcome to join us then as well.

John Reskusich
Senior Warden

PARISH NEWS

BOSTON SCHOLA CANTORUM CONCERT



“Radiant, pure sounds, rich in color and consonants, blessed with momentum, enlivened by a sure sense of gesture and style.” Let’s hope these words could describe our own St. Michael’s choir . . . but actually they’re the words of Josiah Fist, Boston Herald, describing the work of the Boston Schola Cantorum. We will be treated to a concert of Renaissance vocal music by this 12-voice ensemble on **Sunday, October 19, 3pm**. They will perform the “Mass for Four Voices” and secular motets and madrigals of Weelkes and Gibbons, under the direction of Dr. Frederick Jodry. (You may remember some of his previous performances here at St. Michael’s.) Please mark your calendar for this exceptional concert. Tickets are available at Paper, Packaging, and Panache and Coggeshall Jewelers and at the door. \$20 General Admission, \$15 Seniors, \$10 Students.



From Our Faith Community Nurse

by Anne McCarthy

Clarification on Compressions for CPR

For years it seemed that the American Heart Association and the American Red Cross could not come to agreement on certain heart related issues-CPR being one of them . It appears that this is no longer the case.. Now if one is not trained in CPR ,Hands Only compressions should be initiated until help arrives .Doing the compressions gives the heart sufficient blood and oxygen.

If someone collapses and is unresponsive first call 911.

Place the heel of your hand on his/her breastbone with your other hand over it. Press hard and fast-70-100 times a minute. This cannot be sustained for long so hopefully help will be on the way.

Exception to this procedure is when you find someone unconscious and you don't know how long he/she has been in this state .Then it's CPR-compressions and Mouth to Mouth breathing.

In a newspaper article in the Salem News, the American Red Cross gives their version of when and what to do in a given situation:

In general ,100 compressions /minute.

Use of Hands-Only compressions

In witnessed sudden collapse of an adult

When a bystander is

unwilling

untrained

unsure how to perform breaths/compressions

Compression only is not encouraged

for infants and children

for adults whose sudden collapse is not witnessed

when a respiratory emergency may have caused cardiac arrest

If you are interested in taking a class on CPR you may check with Jim Viera at the Bristol Fire Dept. for their scheduled classes. If you wish to have one class at the Parish House let me know so that we can work on days that are convenient to your schedule.

PARISH NEWS



Birthdays & Anniversaries This Month!

If your name is not listed and you would like it to be, please contact the church office and give us the appropriate date, either wedding anniversary or birthday.

Birthdays

Danielle Mann	10/01	Lydia Fernandes	10/16
Karen Santolupo	10/02	Dylan Manchester-Rogers	10/18
Barry Godwin	10/02	Alice Correia	10/19
Nicholas Kachapis	10/02	Ryder Grinnell	10/19
Martha Livingston	10/05	Arthur Levesque	10/20
Michaela Robitaille	10/05	Grace Harden	10/20
Marc Levesque	10/06	Courtney Canario	10/21
Charles Holmstrom	10/06	Colin Wilbur	10/22
Morgan Lewis	10/08	Michael Jodoin	10/23
William Grandgeorge	10/09	Benjamin Munro	10/24
Bethany Foster	10/11	Nancy Reskusich	10/25
Isaac Holmstrom	10/13	Hannah Ayers	10/25
Nancy Dobie	10/15	Lauren Manuel	10/26
Marshall Fulton	10/15	Grayson Perlmutter	10/27
Sawyer Levesque	10/15	Dudley Williams	10/29
Claire Fay	10/15	Kaitlin Abate	10/29
Andrew Nash	10/16	Joshua Munro	10/30
Wade Hanson	10/16	Ann Lee Sustakowsky	10/31
		Eliza Krupowicz	10/31

Wedding Anniversaries

Marie and Steve Knapman	10/05
Jason and Megan Birch	10/08
Catharine and Garry Holmstrom	10/09
Frank and K. C. Ferrara	10/10
Priscilla and Steve Gill	10/14
Christopher and Morgan Lewis	10/17
John and Susan Lewis	10/22
Charlotte and John Silvia	10/28



Great News from Episcopal Charities!

St. Michael's has exceeded it's goal for the 2008 Episcopal Charities Campaign. Our challenge was \$13,414 and we have actual pledges to date of \$14,400.

If you haven't made your 2008 pledge or contribution to Episcopal Charities please do so and "Thank You" to all who have pledged and/or contributed and also to Ed Sevigny who chaired this drive for a job well done!



1 Mile Walk
 Sunday, October 5, 2008
 1pm Registration, 2pm Walk
 Colt State Park, Bristol RI

to Benefit

RI Coalition Against Domestic Violence
 (Please see enclosed brochure for more information)



October 5, Sunday	2:00 pm
St. Elizabeth's Manor, Bristol	
Celebrant: The Rev. Mark DeWolf	
October 7, Tuesday	11:00am
Silver Creek Nursing Home, Bristol	
October 14, Tuesday	10:00am
St. Elizabeth's Manor, Bristol	
October 21, Tuesday	3:00pm
Grace Barker, Warren	
October 28, Tuesday	10:30am
Haven Health, Warren	
Celebrant: The Rev. Cecilia Perry	

PARISH NEWS

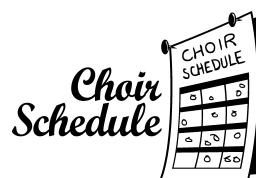
Evening Book Study October 9 & 23 at 7:30pm in the Ivy Room of the Tildesley Building.

For the remainder of Pentecost we will be studying Tom Sine's *The New Conspirators: Creating the Future One Mustard Seed at a Time*. We will be meeting on the second and fourth Thursdays at 7:30pm. Louisa Jones will be leading the group through the five conversations in the book.

Sine explores how Kingdom Come becomes Kingdom Now in these conversations by exploring how God is working on our generation. According to Sine, "God is doing something new through a new generation of innovators, risk takers and entrepreneurs." These new conspirators can be found in at least four streams: emerging, missional, mosaic {multi-cultural} and monastic. Some are creating innovative missional expressions of church; some are creating sustainable communities that work with the poor. Others are using the arts to create imaginative forms of environmental advocacy. Still others are creating new ways to celebrate the in-breaking of God's new order. These conspirators are all imagining new ways, in these uncertain times, to give creative expression to that new world Jesus told us is already here. These new conspirators are not only creating new models but they are also raising important questions about what it means to be a disciple of Jesus, be the church and do mission that need to be discussed by the entire church. "If you have faith as small as a mustard seed," Jesus says in the Gospel of Matthew, "nothing will be impossible for you." Tom Sine invites readers to join a new generation of conspirators and discover how God can more fully use our mustard seeds to be a difference and make a difference that reflects something of God's kingdom.

Why don't you discover why there is such a buzz about *The New Conspirators: Creating the Future One Mustard Seed at a Time*...and join the conspiracy???. Books are available at A Novel Idea on Hope Street in downtown Bristol. If you have questions, please call Louisa Jones at 396-5067.

??...INQUIRER'S CLASSES...??



Come and
Join Us!

Are you ready to spend a few weeks learning about the Episcopal Church so that you can become a real live bona-fide Episcopalian??

Just in case you did not study the Catechism in the Book of Common Prayer when you were a kid, you can study it and other materials with others now and be received as an Episcopalian -- or confirmed in the Episcopal Church -- the next time that Bishop Wolf comes to our Deanery for a service of Confirmation. Get more information about the Church, about how our teaching is the same and where it varies from other traditions. It is a short and interesting series of classes... So join the fun...

Classes meet on Wednesday evenings at 7 PM in the Tildesley Building. Speak to one of the clergy or call the office -- 253-7717-- and give your name to Betty Vargas.

Adult Choir Rehearsals
Wednesdays - 7-9pm -Chantry

Handbell Choir Rehearsals
Fridays - 6pm

St. Michael's Angel Choir
First and third Sundays of the month
-After the 10am service
Children ages 3 through 11 are invited to participate. We will be singing, moving, learning some sign language, and playing percussion instruments!

SUNDAY SCHOOL RALLY

Sunday School began on September 14th. All classes are now being held upstairs in the Tildesley Building. The children (of all ages) enjoyed a hotdog roast following the 10am service. Childcare is provided during the 10am



DAY AND HOTDOG ROAST

service in the Tildesley Building by Afiya Samuel. Sunday school teachers are Gina Farrell, Nancy Magers, Cathy Holmstrom and Marsha Bosworth. All children encouraged to attend.



Woman and a Fork

There was a young woman who had been diagnosed with a terminal illness and had been given three months to live. So as she was getting her things 'in order,' she contacted her Pastor and had him come to her house to discuss certain aspects of her final wishes. She told him which songs she wanted sung at the service, what scriptures she would like read, and what outfit she wanted to be buried in. Everything was in order and the Pastor was preparing to leave when the young woman suddenly remembered something very important to her. 'There's one more thing,' she said excitedly. 'What's that?' came the Pastor's reply. 'This is very important,' the young woman continued. 'I want to be buried with a fork in my right hand.' The Pastor stood looking at the young woman, not knowing quite what to say. 'That surprises you, doesn't it?' the young woman asked. 'Well, to be honest, I'm puzzled by the request,' said the Pastor. The young woman explained. 'My grandmother once told me this story, and from that time on I have always tried to pass along its message to those I love and those who are in need of encouragement. In all my years of attending socials and dinners, I always remember that when the dishes of the main course were being cleared, someone would inevitably lean over and say, 'Keep your fork.' It was my favorite part because I knew that something better was coming...like velvety chocolate cake or deep-dish apple pie. Something wonderful, and with substance!' So, I just want people to see me there in that casket with a fork in my hand and I want them to wonder 'What's with the fork?' then I want you to tell them: 'Keep your fork ..the best is yet to come.' The Pastor's eyes welled up with tears of joy as he hugged the young woman goodbye. He knew this would be one of the last times he would see her before her death. But he also knew that the young woman had a better grasp of heaven than he did. She had a better grasp of what heaven would be like than many people twice her age, with twice as much experience and knowledge. She KNEW that something better was coming. At the funeral people were walking by the young woman's casket and they saw the cloak she was wearing and the fork placed in her right hand. Over and over, the Pastor heard the question, 'What's with the fork?' And over and over he smiled. During his message, the Pastor told the people of the conversation he had with the young woman shortly before she died. He also told them about the fork and about what it symbolized to her. He told the people how he could not stop thinking about the fork and told them that they probably would not be able to stop

thinking about it either. He was right. So the next time you reach down for your fork let it remind you, ever so gently, that the best is yet to come. Friends are a very rare jewel, indeed. They make you smile and encourage you to succeed. Cherish the time you have, and the memories you share. Being friends with someone is not an opportunity but a sweet responsibility. Send this to everyone you consider a FRIEND even if it means sending back to the person who sent it to you..... And keep your fork.

The Episcopal Church Women will hold their annual meeting this year on November 8 at 10 AM at Holy Trinity Church in Tiverton, RI.

All women are invited to take part in the brief meeting and luncheon. This year's speaker will be Sister Grace of the Sisters of St. Margaret, one of the oldest Episcopal Orders in the United States. There are several houses/residences for the Sisters of St. Margaret in the United States -- Sister Grace lives in Roxbury, MA, and happened to be visiting in New York at the time of September 11, 2001. She stayed on to assist at St. Paul's Chapel next to the World Trade Towers. She will talk about her experience in New York City and also tell us about her calling to a life as a nun and the life the sisters follow.. For more information, please speak to the Rev. Cece Perry, or call 253-8620.

Letting Go

by Marcia Bickford Torrey

During the last weeks of my husband's illness, he liked to visit Walley Street Beach when he felt well enough to do so. I would run into Dunkin' Donuts for coffee to take with us. Our routine seldom varied. It wasn't long before it was too difficult for him to get out of the car. We opened the sun-roof of my Volkswagon Bug and all of the windows and we hungrily took in the sights and the smells of Bristol Harbor as though it would be our last.

At exactly three-thirty each day, the whistle from the Prudence Ferry blows as it leaves Church Street dock. In several minutes the tiny boat that we came to love would come into sight, the American flag whipping in the afternoon breeze over Bristol Harbor. It became the highlight of our days.

The day on what was to be our last visit, Dick was determined to leave the car and make his way to the metal bench under the tree that was nearest to Loverocks. I knew how difficult it was for him for he was no stranger to pain. He took my hand and we slowly made our way over the bumpy lawn to the bench for what would be our last time.

Several weeks later, Dick entered the Philip Hulitar Inpatient Center. I can not say enough about this wonderful place. Everyone was so caring, not only to the patient but to the family as well. A week later, he was still fighting what was inevitable. It was time for him to let go. More importantly, it was time for me to let him go.

I asked God to give me the strength to do that for I knew I could never do it alone. I took his hand in mine and I told him that it was time for him to catch the ferryboat, that I would come on a later boat, because God needed me here for now. I told him that I would miss him terribly but that I would be just fine, He had taught me well. It was the hardest thing I've ever had to do but with God's help, I did what I needed to do.

I leave you with this little verse that was in a book that Anne McCarthy brought me. It seems so appropriate and it gives me great comfort:

And I saw a river
over which every soul must pass
to reach the kingdom of heaven
and the name of that river was suffering:-
and I saw the boat
which carries souls across the river
and the name of that boat was love.

--Saint John of the Cross

Good News from Hallworth House

Hallworth House will receive a grant from the United Thank Offering of the Episcopal Church Women to purchase a new van for people with special needs.

Many people from St. Michael's are familiar with Hallworth House, the Episcopal nursing home and rehabilitation center on Benefit Street in Providence, located "up the hill" from the Cathedral of St. John. I have been involved in part-time ministry at Hallworth House since February of 2003 -- and over the years have met people from our Episcopal churches --and from St. Michael's -- who have been residents of Hallworth. Every Sunday for the past five years (with the exception of this past winter), I have celebrated a Eucharist in the dining room of the nursing home for the residents. The ministry is similar to the ministry that some of us here at St. Michael's (and St. Mark's, Warren, and St. Matthew's, West Barrington) take part in at the nursing homes in Bristol.

I had been aware that Hallworth House was no longer bringing residents to the Colt State Park -- In fact, Hallworth House had cut back on the number of excursions it could make with residents because their van was getting old and needed to be replaced. Last fall, as a member of the Board of the Episcopal Church Women, I encouraged the Hallworth House Director Ms. Kathy Lavalley and the Activities Department to fill out a grant application for funds from the United Thank Offering of the Episcopal Church to purchase a new van with wheel chair and ramp accessories. Late this summer we learned that the grant application had been approved. And sometime soon there will be a new van in the parking lot of Hallworth House. And on the side of the van, as appeared on the last van purchased ten years ago also with United Thank Offering funds, will be written "Purchased with funds from the Episcopal Church United Thank Offering. "The money from "the little blue boxes" has come back to Rhode Island; and many residents at Hallworth House will be enjoying the generosity of others as they make visits to their doctors, special events, and hopefully to the Colt State Park in Bristol...

So know that the money that comes from many parishes, including St. Michael's, and goes to the Diocese of Rhode Island Episcopal Church Women to assist with local needs, scholarships, and also to support the United Thank Offering, has been used this year for something of great value to all of us involved in nursing home ministry. And Many Thanks --

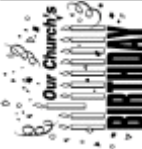

Jane and David Dobbins Farewell Sunday-September 7, 2008

Due to expected weather conditions our Annual Waterside Eucharist and Chicken BBQ was cancelled and it was decided to have our Eucharist at noon in the church followed by a lovely luncheon, arranged by Candace Stanley and helpers, in the Parish House. Jane and David were presented with a framed painting of the church, done by Janet Schultz; the book "Bristol-Beyond Beautiful"; and a wonderful photo album put together by Nancy Reskusich, of events taken place at St. Michael's during David and Jane's years with us. The parish also contributed a total of \$2,600 to be divided equally and given to the Bromley Mission in Liberia and the Greenwood Counseling Center in Litchfield, two organizations close to Jane and David's hearts. Following are some photos of the event:



ST. MICHAEL'S CHURCH CALENDAR

Please place on your refrigerator.

OCTOBER 2008					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
28  8am, 10am and 6pm -Holy Eucharist FEAST OF ST. MICHAEL AND ALL ANGELS 9:00 AM Child Care 11:30 AM St. Michael's Birthday Bash	29	30	1 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal 7:00 PM Inquirer's Classes	2	3 6:00 PM Handbel
5 8am, 10am and 6pm -Holy Eucharist 9:00 AM Child Care 11:15 AM Angel Choir 2:00 PM Faith Walk for Charity	6	7 10:00 AM Holy Eucharist- St. Elizabeths Manor 11:00 AM Holy Eucharist- Silver Creek NH	8 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal 7:00 PM Inquirer's Classes	9 7:30 PM Book Group	10 6:00 PM Handbel
12 8am, 10am and 6pm -Holy Eucharist 9:00 AM Child Care 9:45 AM Sunday School	13  OFFICE CLOSED	14 7:00 PM Parish Development	15 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal 7:00 PM Inquirer's Classes	16	17 6:00 PM Handbel
19 8am, 10am and 6pm -Holy Eucharist 9:00 AM Child Care 9:45 AM Sunday School 11:15 AM Angel Choir 3:00 PM Schola Cantorum Concert	20 11:30 AM Women's Group 6:30 PM Finance Meeting	21 3:00 PM Holy Eucharist- Grace Barker NH 7:00 PM Vestry Meeting	22 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal	23 7:30 PM Book Group	24 6:00 PM Handbel
26 8am, 10am and 6pm -Holy Eucharist 9:00 AM Child Care 9:45 AM Sunday School	27	28 10:30 AM Holy Eucharist- Haven Health NH	29 7:00 AM Holy Eucharist 7:00 PM Adult Choir Rehearsal	30	31 6:00 PM Handbel

visit our WEBSITE at:
stmichaelsbristolri.org

If you do not wish to receive this newsletter or if you are receiving it by mistake, please call the church office or e-mail a note to us with the name and address to be removed and we will make the correction. Thank you.

Almighty God, giver of every good gift: Look graciously on the people of St. Michael's Parish and so guide us as we look forward to the call of a new Rector that we may be readied to receive a faithful pastor who will care for your people and equip us for our ministries; through Jesus Christ our Lord. Amen.

After 5 Days Return to
St. Michael's Church
P.O. Box 414
399 Hope St.
Bristol, RI 02809-0414
Change Service Request

Telephone:(401)253-7717 Fax: (401) 253-7785
Email:stmichaels@fullchannel.net
Website:stmichaelsbristolri.org

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Time Dated Material -- Please Do Not Delay



Founded in 1718

Office Hours: M-F 8:30a.m. - Noon.

Worship Services:

Sunday: 8:00 and 10:00 a.m. and 6:00 p.m.

Sunday School 9:45 a.m.

Holy Eucharist -Wednesday: 7:00 a.m.